

VISIT...

LANZAROTE
Caliente.COM

My Own Worst Enemy

Idina Menzel and Glen Ballard
Transcribed by Kelly Thomas

Chords: C m7, E $\flat$ /B $\flat$, F 9, A $\flat$ 2

Soprano

Piano

5

S

Pno.

5

9

S

Pno.

9

ro- ses, in the spring, I re- mem-ber, there was a time I

In the

My Own Worst Enemy

12 $A\flat 2$ $C m7$

S

was- n't a - fraid ____ of a - ny - thing, with the li - lacs and the rain ____ one

Pno.

14 $E\flat 2/B\flat$ $F 9$ $A\flat 2$

S

day you went a-way ____ I re - mem - ber ____ I for-got ev - ery-thing ____ my

Pno.

17 $C m$ $E\flat 2/B\flat$

S

mo - ther's al - ways tryin' to tell me how to be grate - ful, how to be - lieve, my

Pno.

My Own Worst Enemy

3

19 F 9 A^b2

S

fa-ther's al-ways try-ing to say, Ba-by you're beau-ti-ful ____ in ev-ery way, my

Pno.

21 C m E^b2/B^b

S

lo-ver's al-ways got me in his ar-ms, tryin' to pro- tect me, keep me from harm, so

Pno.

23 F m9 A^b2 C m

S

why do I al-ways have to be ____ my worst, my own worst e-ne-my ____ e-ne-

Pno.

My Own Worst Enemy

26 E^b2/B^b F m9 A^bMaj7

S my _____ oh _____ my worst, my own worst e- ne- my _____

Pno.

29 C m7 E^b2/B^b

S — In the sha-dows, in the grace, — in the lone-ly there is a

Pno.

32 F 9 A^b2

S place where we can all hide — a - way — but in the

Pno.

The musical score is written for voice (S) and piano (Pno.). It consists of three systems of music. The first system (measures 26-28) has a key signature of two flats (Bb, Eb) and a 4/4 time signature. The vocal line starts with a half note G4, followed by a quarter note A4, a quarter note Bb4, and a quarter note C5. The piano accompaniment features a steady eighth-note bass line in the left hand and chords in the right hand. The second system (measures 29-31) continues the vocal melody with a half note D5, a quarter note E5, a quarter note F5, and a quarter note G5. The piano accompaniment provides harmonic support with chords and moving lines. The third system (measures 32-34) shows the vocal line with a half note A5, a quarter note Bb5, a quarter note C6, and a quarter note D6. The piano accompaniment continues with its rhythmic and harmonic pattern. Chord symbols are placed above the vocal staff: E^b2/B^b, F m9, A^bMaj7, C m7, E^b2/B^b, F 9, and A^b2.

My Own Worst Enemy

5

34 C m7 E $\flat$ 2/B $\flat$ F 9

S
win-dows of the soul — there is no-where — we can go if we keep run-ning —

Pno.

37 A $\flat$ 2 C m

S
run-ning from — our dest - i - ny, my mo - ther's al - ways tryin' to tell me

Pno.

39 E $\flat$ 2/B $\flat$ Fm9

S
how to be grate - ful, how to be - lieve, my fa - ther's al - ways trying to say,

Pno.

My Own Worst Enemy

41 $A\flat 2$ $C m$

S Ba-by you're beau-ti-ful ____ in ev-ery way, my lo-ver's al-ways got me in his ar-ms,

Pno.

43 $E\flat 2/B\flat$ $F m 9$

S tryin' to pro - tect me, keep me from harm, so why do I al-ways have to be ____

Pno.

45 $A\flat 2$ $C m$ $E\flat 2/B\flat$

S my worst, my own ____ wor-st e-ne-my ____ oh

Pno.

The musical score is written for voice (S) and piano (Pno.). It consists of three systems of music. The first system (measures 41-42) is in the key of A-flat major (two flats) and 2/4 time. The vocal line starts with a quarter note G4, followed by eighth notes A4, Bb4, A4, G4, F4, E4, D4, C4. The piano accompaniment has a bass line with a half note C3 and a treble line with a half note G4. The second system (measures 43-44) continues the vocal line with eighth notes D4, C4, Bb4, A4, G4, F4, E4, D4, C4. The piano accompaniment has a bass line with a half note C3 and a treble line with a half note G4. The third system (measures 45-47) continues the vocal line with eighth notes D4, C4, Bb4, A4, G4, F4, E4, D4, C4. The piano accompaniment has a bass line with a half note C3 and a treble line with a half note G4. The key signature changes to E-flat major (three flats) for the final system (measures 48-50). The vocal line starts with a quarter note G4, followed by eighth notes A4, Bb4, A4, G4, F4, E4, D4, C4. The piano accompaniment has a bass line with a half note C3 and a treble line with a half note G4. The key signature changes back to A-flat major (two flats) for the final system (measures 51-52). The vocal line starts with a quarter note G4, followed by eighth notes A4, Bb4, A4, G4, F4, E4, D4, C4. The piano accompaniment has a bass line with a half note C3 and a treble line with a half note G4.

My Own Worst Enemy

7

48 F 9 A^bΔ9

S

my worst, my own worst e - ne-my, my worst, my own worst e - ne - my,

Pno.

50 F m A^b

S

— say I walk on — wa - ter, say I walk on the mo -

Pno.

52 C m E^b6

S

- - on but it's ne-ver e - nough, no it's ne-ver e - nough, no it's ne-ver e - nough —

Pno.

My Own Worst Enemy

54 F m A^b

S — say I'm on - ly hu - man, it's all in my —

Pno.

56 C m E^b6

S he - ad but it's ne-ver e - nough, no it's ne-ver e - nough, no it's ne-ver e - nough —

Pno.

58 A^b F m C m E^b2/B^b

S — one day I'll find my a - li - bi, my

Pno.

The musical score is for the song 'My Own Worst Enemy'. It consists of three systems of music. Each system has a vocal line (S) and a piano accompaniment (Pno.). The key signature has two flats (Bb and Eb). The first system (measures 54-55) has chords Fm and Ab. The second system (measures 56-57) has chords Cm and Eb6. The third system (measures 58-61) has chords Ab, Fm, Cm, and Eb2/Bb. The piano accompaniment features a steady eighth-note bass line and chords in the right hand. The vocal line includes lyrics and some melodic flourishes like triplets and slurs.

My Own Worst Enemy

9

62 Fm9 A $\flat$ 2

S

fa - ther's al - ways try-ing to say, ba - by you're beau - ti - ful, ba - by you're, my

Pno.

64 C m E $\flat$ 6

S

lo - ver's al-ways got me in his arms tryin' to pro - tect me, keep me from harm

Pno.

66 Fm9 A $\flat$ C m

S

why do I al-ways have to be my worst, my worst e-ne-my

Pno.

The musical score is written for voice (S) and piano (Pno.). It consists of three systems of music. The first system (measures 62-63) features a vocal line with triplets and a piano accompaniment. The second system (measures 64-65) continues the vocal line and piano accompaniment. The third system (measures 66-68) concludes the vocal line with a long note and the piano accompaniment. Chord markings (Fm9, A $\flat$ 2, C m, E $\flat$ 6) are placed above the vocal staff. Measure numbers (62, 64, 66) are placed at the start of each system. The piano part includes a variety of rhythmic patterns, including triplets and sustained chords.

My Own Worst Enemy

69 $E\flat 6$ $F m 9$ $A\flat$ $C m$

S 
my worst, my worst e-ne-my

Pno. 

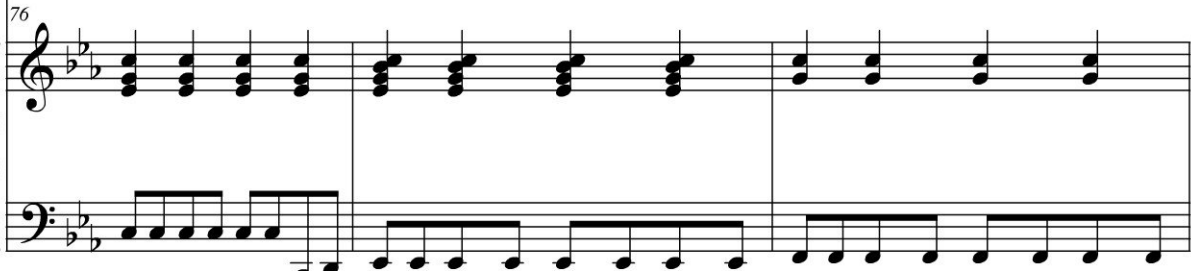
73 $E\flat 6$ $F m 9$ $A\flat 2$

S 
my worst e-ne - my, my worst-e-ne-my

Pno. 

76 $C m$ $E\flat 6$ $F m 9$

S 
my worst, my own worst e-ne-my, my worst, my own worst e-ne-my,

Pno. 

My Own Worst Enemy

11

79 $A\flat^2$ C (no3rd)

S

oh _____ my worst, my own worst oh _____

Pno.

81

S

my _____ worst, my own worst, oh _____ my _____ worst, my own worst

Pno.

83

S

my worst, my own worst e - ne - my _____

Pno.

The musical score is written for a vocal soloist (S) and piano (Pno.). It consists of three systems of music, each with a vocal line and a piano accompaniment. The key signature is B-flat major (two flats). The tempo and mood are indicated by the notation style, which includes many eighth and sixteenth notes, suggesting a lively or urgent feel. The lyrics are: 'oh my worst, my own worst oh', 'my worst, my own worst, oh my worst, my own worst', and 'my worst, my own worst e - ne - my'. The piano accompaniment features a steady eighth-note bass line in the left hand and chords or moving lines in the right hand. There are fermatas over some piano chords and a double bar line at the end of the third system.